

Covered In Dust-Head: New In Christ

Text: Luke 5:36-38

Purpose: To believe in the truth that Jesus came to make us new and to continue to grow and change even though we still live with our old self.

Opening Question: *What's one New Year's resolution/changes you made for this new year?*

Read and Discuss: Luke 5:36-38

1. How do old habits, old hurts or negative thought patterns hinder your? What effect do they have on your life?
2. What are some of your negative patterns, hurts or unhelpful ways of thinking that you would like to see changed this year?
3. What makes change difficult for us? Why are the old ways or old patterns more comfortable or easier to stay in?
4. Even though Jesus has made us new, we still wrestle with our old self. How do you stay engaged and continue to grow while still living with your old self?
5. Are you a person that changes unhealthy thoughts/behaviors quickly or does it take time?
6. What role does the Holy Spirit have in helping us to change? How has the Holy Spirit helped you change in the past?
7. How does the bible give you fresh perspective about your life? How does bible give you hope for the future?